

All Saints' Metropolitan Community Church

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Standard Operating Procedure for the Sacrament of Holy Communion

Purpose

The purpose of the Sacrament of Holy Communion is to celebrate the life, death and resurrection of Jesus the Christ and to affirm our belief and faith in God our Creator, Liberator and Sustainer.

Frequency

The Sacrament of Holy Communion shall be celebrated at each Sunday service and at any special service or event held in the Parish, if the organising body or participants wish it.

Celebrants

According to UFMCC By-Laws and Core Value #1, both clergy and laity may celebrate the Sacrament of Holy Communion.

Communion Elements

All Saints' MCC offers the choice of the common cup with bread or individual glass with bread. The cup and glasses will contain a non-alcoholic juice of the vine, and the bread will preferably be of a plain variety.

The Communion Liturgy

The Communion Liturgy shall reflect the diversity of theologies amongst presiding celebrants and reflect the needs of the Parish and the worship service. The Communion Liturgy must contain the following:

- Blessing and breaking of the Bread;
- Blessing of the Cup of Wine; and
- An acknowledgement that the Communion Table of All Saints' MCC is open for everybody, that communicants do not need to be members of All Saints' MCC, UFMCC, or of any church.

If a communicant is unable to stand and receive the elements, then they may be administered to them where they sit or lay. Small glasses of wine shall be available for those who do not wish to partake of the common cup.

At All Saints' MCC, it is common practice to dip the bread in the wine before placing it in the mouth of the communicant. If the communicant prefers to receive Communion in a different manner, then the celebrant must endeavour to meet those needs, if practicable.

Holy Communion is a celebration of God's love and of our relationship with each other as children of God, and efforts shall be made to ensure that all those who wish to receive the elements may do so in a safe and comfortable manner.